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FACES... The Big Search 2008 Are YOU the Next ILC Ambassador?

The Big Search for the next five faces as I Love Children's ambassadors is now ON! To be launched at Tiong Bahru Plaza (TBP) on Children's Day, 1 October, this year's search will be conducted in a bigger and grander style, with TV station, Kids Central, as the medium to reach out to children between the ages of five to twenty.

A panel of judges will shortlist candidates and they will attend a one-day camp in mid-November. From there, Ambassadors of I Love Children will be selected to appear on Kids Central. The final five will be selected by the judges base on five of the following values.

Said president of ILC, Mrs Joni Ong, "Like their predecessors, the new faces will continue to reflect the essence and spirit of ILC. They will also personify the idea that children keep Singapore young and through their liveliness, bring joy to everyone's lives."

If you have what it takes to be an ILC Ambassador, head down to Tiong Bahru Plaza on 1 October. I Love Children will be looking for children to represent these values:

- Family-oriented Loving and supportive of family members
- Active Participates in school, sports and social activities
- Considerate Pays attention to others' needs and feelings
- Enterprising Willing to try out new ways of doing things
- Sensible Makes good judgement

Log on to www.ilovechildren.org.sg for more details in October 08.



Catch the ILC Bus at the following places..



12 July (Sat) Bukit View Primary School (8.30am -2pm)

23 Aug (Sat) Esplanade Park (9am - 2.30pm) 13 July (Sun) Yew Tee CC (9am-1pm)

30 Aug (Sat) Hougang Central (4pm-9pm) 27 July (Sun) F1 Paddock (10am-6pm)

13 Sept (Sat) Singapore Chinese Garden (7pm-11pm) A Singapore
that is childrenplenty and
children-friend

ILC Mission
To keep Singapore young
by advocating a higher
priority to having
children and promoting
society where children
are loved and
mainstreamed

contact

Blk 323B Sengkang East Way #01-555 Singapore 542323
Tel: 6385 9668
Fax: 6385 9667
www.ilovechildren.org.sg
Interested to volunteer? Call 6385 9668 or e-mail enquiry@ilovechildren.org
We love to hear from you.



We know when it comes to marriage and keeping the relationship going; being 'in love' alone is not enough.

Like any other relationships, Wilson and I have our moments of frustrations with each other. It's only when we start talking openly, listening to the other person, resisting the urge to self-defend, swallowing our pride and apologising for our unwise move, that we can come to a better understanding of each other and bring us closer as husband and wife.

Here's what we learnt at a seminar recently:

- If possible, have your own roof (i.e. not share your home with your parents and in-laws.) Once you're married, you need time to get used to how things work between just the two of you. And if you have the privacy of your own home, adjustments become more 'real' and less complicated, without any third parties' involvement and presence.
- When conflicts occur, hold your tongue and avoid saying hurtful words that you'll regret. 'Battles' get resolved, but hurtful words uttered in a moment of rage may remain in the mind and heart of your spouse for a long time.
- When you're really mad, step out of the situation to cool your mind and emotions for a while. Separate yourself. Do something different for a few minutes. Reevaluate the situation. Reason out. Introspect and see whether going ahead with the battle will do any good to the both of you tomorrow or in a year or two.
- 4. For the wife, especially when you're busy looking after the children full time: keep yourself 'physically attractive' in the eyes of your husband, and up to date with what's going on outside the four walls of the home.

- Try to be in the know; read the newspapers, go out and socialise. Because when your husband talks to you about his work and 'world', you want to be able to 'understand' as much as possible what he's trying to share with you. Because sharing with a completely clueless wife may unconsciously lead to a situation where he finds more 'joy' chatting and sharing with someone else, somewhere else.
- 5. For the husband, especially when you start having children in the house: remember to show your love and appreciation with words and actions, to proactively offer help with the household chores, to actively participate in raising the children, especially when it comes to disciplining and teaching them what's right and wrong. Play an active and responsible role as the husband, the father, the leader in the house. Because your children will learn from you, and you gain respect from your wife when you do so lovingly and consistently.

It takes two to work on a marriage, and yes, staying together and staying happy throughout a relationship needs lots of hard work. But when both husband and wife put in their best effort, overcoming each hurdle together, their relationship will grow even stronger. Which actually is the beauty of marriage itself, isn't it?